

New West Wellness Centre

OPTIMAL HEALTH FOR FAMILIES

INFORMED CONSENT TO CHIROPRACTIC ADJUSTMENTS AND CARE

** This is NOT a waiver **

Chiropractic treatment, including spinal adjustment, has been the subject of government reports and multi-disciplinary studies conducted over many years and has been demonstrated to be effective treatment for many neck and back conditions involving pain, numbness, muscle spasm, loss of mobility, headaches, and other similar symptoms. Chiropractic care contributes to your overall well-being. The risk of injuries or complications from chiropractic treatment is substantially lower than that associated with many medical or other treatments, medications, and procedures given for the same symptoms.

Doctors of chiropractic, medical doctors and physiotherapists who use manual therapy techniques such as spinal adjustments are required to advise patients that there are or may be some risks associated with such treatment. In particular you should note:

- a) *While rare, some patients may experience short term aggravation of symptoms, rib fractures or muscle and ligament sprains or strains as a result of manual therapy techniques;*
- b) *There are reported cases of stroke associated with many common neck movements including adjustment of the upper cervical spine. Present medical and scientific evidence does not establish a definite cause and effect relationship between upper cervical spine adjustment and the occurrence of stroke. Furthermore, the apparent association is noted very infrequently. However, you are being warned of this possible association because stroke sometimes causes serious neurological impairment, and may on rare occasion result in injuries including paralysis. The possibility of such injuries resulting from cervical spinal adjustments is extremely remote;*
- c) *There have been rare reported cases of disc injuries following cervical and lumbar spinal adjustment although no scientific study has ever demonstrated such injuries are caused, or may be caused, by spinal adjustments or chiropractic treatment.*

HEALTH: A state of optimal physical, mental and social well-being; not merely the absence of disease.

ADJUSTMENT: An adjustment is the specific application of forces to facilitate the body's correction of subluxation. Our chiropractic method is by specific adjustments of the spine and other joints.

SUBLUXATION: A misalignment or restriction of one or more of the 24 vertebrae in the spinal column which causes alteration of nerve function and interference to the transmission of mental impulses. This results in a lessening of the body's innate ability to express its maximum health potential. Subluxations may also occur in other joints in the body.

OUR MAIN OBJECTIVE, and the goal of chiropractic, is to eliminate interference to the expression of the body's innate intelligence and its healing potential. Our method uses specific adjustments to correct subluxations.

I acknowledge I have discussed, or have had the opportunity to discuss, with my chiropractor, Dr. Sandra Lohman, the nature and purpose of chiropractic treatment in general and my treatment in particular (including spinal adjustment) as well as the contents of this Consent.

I consent to the chiropractic treatments offered or recommended to me by my chiropractor, including spinal adjustment. I intend this consent to apply to all my present and future chiropractic care.

PRINT NAME

SIGNATURE OF PATIENT
(OR PARENT OR GUARDIAN)

DATE

WITNESS TO SIGNATURE ABOVE